

Dear Erasmus Students,

Before starting your clinical practices in the healthcare institutions of the University of Szeged you need to undergo a MEDICAL CHECKUP performed by the University's Occupational Health Doctor in order to get your CERTIFICATE verifying your MEDICAL FITNESS.

The following documents and test results are required for the medical fitness examination, please bring these with you in a printed form (so that photocopies can be made). Please note, that medical documents can be accepted only in English or German (or Hungarian) language.

1.) Passport or ID card

2.) Vaccination documents (card / certificate - including childhood immunisation records)

The vaccination documents must verify that you have been vaccinated against **Hepatitis B** and **Measles** (a.k.a rubeola or morbilli), containing a **full vaccination series for Hepatitis B** (2 or 3 doses at least, depending on vaccine type) and **2 doses for measles** (usually in form of **MMR** vaccines).

3.) Chest X-ray result (paper based written result is needed, not the image or CD) or **IGRA blood test** for TB (preferably Quantiferon TB test) /within one year /

4.) Blood Test including **liver function** (AST, ALT, GGT, ALP, Bilirubin), **renal function** (Creatinine, BUN), **complete blood count with differential** and Urinalysis
/within 3 months/

5.) Virology Blood Tests for Hepatitis B, Hepatitis C and HIV /within 3 months/:

- HBsAg (Hepatitis B)
- anti-HCV (Hepatitis C)
- HIV-Ag,Ab (HIV)

6.) Hepatitis B immunity blood test: Anti- HBs (Hepatitis B surface ANTIBODY TITRE)

- **An antibody titre of at least 10.0 mIU/ml or above is required as proof of immunity.**
- If the result is below 10.0 mIU/ml, a **Hepatitis B booster vaccination** is needed and **the vaccination certificate must be presented** in order to receive the medical fitness certificate.
- The antibody titre needs to be checked again 4 weeks after the booster vaccination (we recommend rechecking the antibody titre before leaving for Hungary if there is enough time).
- The laboratory proof of immunity (antibody titre ≥ 10.0 mIU/ml) is a requirement for receiving a full medical clearance. In lack of the laboratory proof of immunity the medical fitness will be restricted and you will not be allowed to perform invasive procedures or tasks involving the risk of a percutaneous sharps injury (for your own protection). As this restriction may interfere with completing certain clinical practices (especially in case of general medicine students attending surgical, trauma or gynaecological practices / dental medicine students partaking in patient care) it is highly recommended that you arrive with an antibody titre of ≥ 10.0 mIU/ml already

7.) Measles immunity blood test: Measles IgG ANTIBODY TITRE

- Needed only in case there is no proof of having received 2 doses of Measles / MMR vaccines (eg. childhood vaccination records are lost or contain only one dose of Measles / MMR vaccine instead of two)
- The test result must verify that you are immune to measles.
- In lack of immunity, one dose of **MMR booster vaccination** is needed and the **vaccination certificate must be presented** in order to receive the medical fitness certificate.

In case you will be attending **Paediatrics or Obstetrics + Gynaecology practices**, in addition to the previously listed, you must also have:

8.) Syphilis blood test (Treponema pallidum antibodies test) /within 3 months/

9.) Stool Culture Test (bacterial) for Salmonella, Shigella, Yersinia, Campylobacter /within one month/

Please have the above listed tests done in your home country before coming to Hungary and bring all the test results with you for the medical checkup, otherwise you will not be able to receive the medical fitness certificate.

If any of the test results are missing you will need to have them done in Hungary. You can find the estimated costs of the tests below (prices may vary depending on the chosen laboratory/private health clinic):

- Chest Xray: ~ 12.000 HUF
- Virology blood tests (HBsAg, HCV, HIV): ~ 6.000 – 8.800 HUF /each
- Hepatitis B immunity test (anti-HBs): ~ 6.000 HUF
- Measles immunity test (Measles IgG Ab.) : ~ 6.000 – 11.200 HUF
- Syphilis blood test (Treponema pallid. Ab.) : ~ 6.000 – 8.000 HUF
- Stool Culture Test: ~ 6.000 – 9.800 HUF

Please note that you have to **arrange the examinations individually on your own costs** at private health clinics in Szeged! After collecting the missing test results you will need to visit the Occupational Health doctor again, and only then will your medical fitness certificate be issued.

Please note, that if you don't have the Hungarian medical fitness certification, you are not allowed to take part in the clinical practice!

The Medical Checkup will take place at the **Occupational Health Office of the University.**

Address: Occupational Health Service, Department of Family Medicine, Albert Szent-Györgyi Clinical Center, University of Szeged

6720 Szeged, Tisza Lajos körút 109. (back entrance)

Email address: workhealth2.model@med.u-szeged.hu

Please contact us and **make an appointment** for the medical checkup **via email at least 2 weeks before the beginning of your practice.** In the email please let us know your **date of arrival** to Szeged and the **start date of your practice** so that you can be given a suitable appointment.

We inform you that the **official fee** for the revision of the above mentioned medical test results & documents, for the physical examination and for the issue of the medical fitness certificate is altogether 6.000 HUF until 1st June 2025, then **10.000 HUF** from 1st June 2025. The place for the payment of the examination fee is: 6720 Szeged, Tisza Lajos körút 107. (Building of the Clinical Center Administration), 1st floor, Room 124. The payment can be made either in cash or by card after the medical examination. You will need to return the receipt of the payment to the Occupational Health Office.

We wish you a safe journey to Hungary and we look forward to meeting you at the medical checkup.

Sincerely,

The Occupational Medical Team
University of Szeged